As we complete term one, I would like to congratulate students, staff and the Echuca College community on a wonderful start to the year. During the term we have seen our students achieve in a number of areas within the College, the local community and across the state. Students have taken up leadership roles at the College as College Captains, Community Leaders and in the Beacon Foundation, House Leaders, Peer Support Leaders and completed successful applications for the Leadership School for Year 9s later in the year. Our students have once again lead the way in supporting their peers from the Echuca Specialist Development School in the ‘One and All’ camp at Queenscliff. As mentioned in our last Newsletter our ‘Peer Support’ program (Year 11 mentors for Year 7 students) has been a great success and I would like to acknowledge the great work of our Year 11 students and Mr Cheal.

Last week our new Beacon Ambassadors participated in the Beacon Business Breakfast at Radcliffe’s. All students did a tremendous job networking with local business and spruiking the benefits of the program. Well done to speakers Jess Grundy, Amy Wright, Georgia Harris, Dan Gretgrix and Mardie-lee Hutchins. Teasha McInnes and Marly Jones networked the room and were instrumental in signing up a few new businesses to help out this year. The students are now proudly wearing their new Beacon Ambassador badges. Kayla Arkinstall was a guest speaker and spoke about her involvement with Beacon in 2012. Her speech was a highlight of the morning and she was able to let everyone know the benefits of the program and her own personal experience. The College is very proud of the work the students are doing in promoting Echuca College. Work with wheels is shaping up to be another great event for the College in term two and Beacon Ambassadors have been contacting businesses for support all week. Please congratulate our fantastic leaders when you see them.

A reminder to parents and students about our mid semester Parent/Teacher interviews on Wednesday 27th March from 4.00 to 6.30 pm and on Thursday 28th from 8.30 am to 1.00pm. **Interviews for all year levels will be conducted and Interim Reports will be emailed to families on the Monday and Tuesday before the interviews. Staff will be available in the Year 7 Neighbourhood on both days to generate reports for families who are unable to receive the reports via email.** If your email address has changed, would you please contact the College with an updated address. Students are expected to attend the interview with parents and students in Years 7-11 will not have classes on the Thursday. All interviews will be held in the Year 7 Neighbourhood and in the VCE Neighbourhood. To make your appointments, go to www.echuacollege.vic.edu.au and click on the link. Bookings will close on Wednesday the 27th of March at 9am. When prompted to enter a School event code please enter 422MN.

Echuca College will be holding its ‘Students Information and Discovery Evening’ for prospective students on the Tuesday 24th April at 6.30 pm at the College gym (just next to the VCE Neighbourhood). The evening will begin with a brief introductory session, followed by an opportunity for students and their parents to tour our College. The tour allows students and their parents to experience various components of the Year 7 program and to view our facilities. An information brochure is being delivered to our partner primary schools for circulation as part of our school visits leading up to the evening in term two. Later in the year students in Grade 6 who have elected to come to Echuca College will be involved in a familiarisation program in term three and our main orientation day will be held in December. If prospective students and their families need any additional information about our College, please don’t hesitate to phone the College or make an appointment with our Assistant Principals Mr Strachan and Mrs Gould. We will also be conducting additional information nights in April and May that are open to the public.
Beacon Business Breakfast

Beacon Buffets, staff and business leaders from Echuca Moama, attended the Beacon Business Breakfast last week. The breakfast is held on Thursday, 14th March at Radcliffe's Restaurant. Kayla Arkinstall (Echuca College Year 11 student) was a keynote speaker. Kayla was a Beacon Ambassador last year and discussed the highlights of her time as a leader.

The College was well represented by our Beacon Student Ambassadors, many of which spoke at the event and encouraged new businesses to come on board. Also in attendance was Scott Harris, CEO of Beacon Australia and Susan Weardon North East Cluster Coordinator. Echuca College Beacon Student Ambassadors (Back row) Teasha McInnes, Jess Grundy, Amy Wright, Mardie Lee Hutchins, Georgia Harris (Front row) Dan Grettgrix, Marley Jones.

Work with Wheels, Tuesday 23rd April 9.30-12pm

Beacon Ambassadors have met a number of times now with Rachel Collins (EM Beacon EO) and Sandy Morrison (Pathways/Beacon Coordinator) planning for this year’s ‘Work with Wheels’ event. Approximately 30 businesses have been contacted and we are now waiting for confirmation and final numbers. It is still not too late to sign up. If you can spend a few hours at Echuca College with your transport on Tuesday 23rd April and discuss with our students your career, please contact me.

Sandy Morrison – Beacon Coordinator

Sport

Lawn Bowls.

On Friday, 8th of March, Courtney Johnson, Emma Favaloro and Jacob Baldock represented the school in LMR Bowls at the Golden Square Bowling Club, Bendigo. Jacob Baldock as ‘Second’, Courtney Johnson as ‘Lead’ and Emma Favaloro as ‘Skip’. The teams we played were Crusoe College, Catholic College Bendigo and Mildura Senior College.

We played 4 games, one of those being the semi-final. We won our first game 6-3 and our second game 27-0. Our third game we lost 2-12. After the first two games we got very tired and weren’t playing so well, but we kept trying to improve as the day went on. In our semi-final we were playing against Bendigo Senior. It was a tough game as that team are very good. Losing by 16 shots, we went down 4-20.

A big thank-you goes to our coach, Melissa Larcombe, for taking us down to Bendigo for the day. It was great to have a coach there guiding us in the right direction. We were learning new things the whole time we were there, as she taught us some helpful skills and gave us tips as the day went on. Overall, it was a great experience to be a part of. We all had an awesome day together.

It was good to represent the school in a sport that doesn’t interest younger student’s these days. Hopefully next year we can improve more and maybe even get into the grand final!

Summer Sport.

On Monday Echuca College teams will participate in the SSV Campaspe Summer Sports with teams entering the Volleyball and Tennis competitions. Winning teams will qualify for the Loddon Mallee event in Mildura on the first Friday of term 2.

Term 1 Sport Dates:

<table>
<thead>
<tr>
<th>DATE</th>
<th>SPORT</th>
<th>VENUE</th>
</tr>
</thead>
<tbody>
<tr>
<td>WK 9</td>
<td>SSV Volleyball &amp; Tennis</td>
<td>Echuca (Inter. &amp; Sen.)</td>
</tr>
<tr>
<td>Mon. Mar. 25th</td>
<td></td>
<td>Kyabram (Junior)</td>
</tr>
<tr>
<td>WK 9</td>
<td>State Swimming</td>
<td>Melbourne</td>
</tr>
<tr>
<td>Wed. Mar. 27th</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

David Pearson, (Sport Co-ordinator) & Cam Prowse-Wilkins, (Sport Trainee), Email: pearson.david.g@edumail.vic.gov.au
## Echuca College Swim Team Results

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Isaac Duffy</td>
<td>Over 16 yrs – 50m Free</td>
<td>1st – Swimming at State</td>
</tr>
<tr>
<td></td>
<td>Over 16 yrs – 50m Back</td>
<td>1st – Swimming at State</td>
</tr>
<tr>
<td></td>
<td>Over 16 yrs – 50m Breast</td>
<td>1st – Swimming at State</td>
</tr>
<tr>
<td>Luke Judd</td>
<td>Under 15 – 200m Free</td>
<td>2nd – Swimming at State</td>
</tr>
<tr>
<td>Tom Mason</td>
<td>13 yrs – 50m Breast</td>
<td>5th</td>
</tr>
<tr>
<td></td>
<td>13 yrs – 50m Free</td>
<td>6th</td>
</tr>
<tr>
<td></td>
<td>13 yrs – 50m Back</td>
<td>7th</td>
</tr>
<tr>
<td>Lyndall Taylor</td>
<td>14 yrs – 50m Breast</td>
<td>3rd</td>
</tr>
<tr>
<td>Oscar Reid</td>
<td>15 yrs – 50m Breast</td>
<td>2nd – Swimming at State</td>
</tr>
<tr>
<td></td>
<td>15 yrs – 50m Fly</td>
<td>2nd – Swimming at State</td>
</tr>
<tr>
<td></td>
<td>15 yrs – 50m Free</td>
<td>2nd</td>
</tr>
<tr>
<td></td>
<td>15 yrs – 50m Back</td>
<td>2nd – Swimming at State</td>
</tr>
<tr>
<td></td>
<td>Under 15 yrs – 200m Individual Medley</td>
<td>3rd</td>
</tr>
<tr>
<td>Corey McGrath</td>
<td>16 yrs – 50m Breast</td>
<td>7th</td>
</tr>
<tr>
<td></td>
<td>16 yrs – 50m Back</td>
<td>5th</td>
</tr>
<tr>
<td>Isabella Reid</td>
<td>16 yrs – 50m Fly</td>
<td>3rd</td>
</tr>
<tr>
<td></td>
<td>16 yrs – 50m Free</td>
<td>3rd</td>
</tr>
<tr>
<td></td>
<td>16 yrs – 50m Back</td>
<td>3rd</td>
</tr>
<tr>
<td>Tessa Mellington</td>
<td>17 yrs – 50m Fly</td>
<td>3rd</td>
</tr>
<tr>
<td></td>
<td>17 yrs – 50m Free</td>
<td>2nd</td>
</tr>
<tr>
<td></td>
<td>17 yrs – 50m Back</td>
<td>1st – Swimming at State</td>
</tr>
<tr>
<td>Greta Pearson</td>
<td>Open – 50m Free</td>
<td>4th</td>
</tr>
<tr>
<td>Jack McNamara</td>
<td>Open – 50m Free</td>
<td>3rd</td>
</tr>
</tbody>
</table>

### RELAY TEAMS

<table>
<thead>
<tr>
<th>Relay Team</th>
<th>Event</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oscar Reid, Jack Southern, Charles Lowe, Corey McGrath</td>
<td>15-16 yr BOYS – 200m Medley</td>
<td>4th</td>
</tr>
<tr>
<td>Indre Christy, Greta Pearson, Isabella Reid, Tessa Mellington</td>
<td>OPEN GIRLS – 200m Medley</td>
<td>4th</td>
</tr>
<tr>
<td>Asher Jones, Jamie Wilson, Tom Mason, Trent</td>
<td>13 yr BOYS – 4 x 50m Free</td>
<td>4th</td>
</tr>
<tr>
<td>Kyle Scott, Keegan Hutchins, Luke Judd, Oscar Reid</td>
<td>15 yr BOYS – 4 x 50m Free</td>
<td>1st – Swimming at State</td>
</tr>
<tr>
<td>Indre Christy, Greta Pearson, Isabella Reid, Tessa Mellington</td>
<td>OPEN GIRLS – 4 x 50m Free</td>
<td>1st – Swimming at State</td>
</tr>
</tbody>
</table>
Wellbeing

Here is a great opportunity to win $3000 for our school as well $2000 for yourself by entering a competition that is being conducted through the School Nursing Program. If you need to know any more details please contact the Wellbeing Team at the College.

Walking Club

14 Students and Staff joined together for a very pleasant and relaxing walk at lunchtime on Wednesday with Walking Club commencing this week. New Walkers are welcome to join the Walking Club at Wednesday and Thursday lunchtime by meeting outside the Technology office at 12.55pm to sign in for 1 o’clock start. Please remember to bring your hat! Points are awarded to both Staff and Students for walking and achieving “milestones”

- 10kms – Pen
- 30kms – Drink bottle
- 50kms – Pair of socks
- 75kms – Skins sports towel
- 100kms – Pedometer

Bonus points for bringing someone who hasn’t walked previously and double points if you bring a teacher. Enquiries can be directed to the School Nurse Denise Leed or another member of the Wellbeing Team.

Immunisations - “Habits For Good Health

Last week Immunisations were held for the Year 7, 9 boys and 10 students. The Campaspe Shire Immunisation Team was very impressed with our school and our students. Unfortunately, there were a number of students who didn’t fare so well and consequently needed to go home. There appeared to be a common thread amongst most of this group, this being that they hadn’t eaten breakfast or had any fluid to drink prior to their injections. Research continues to support the importance of having breakfast to give you a great start to the day, promoting concentration and good behaviour. Reducing the impact of stress related situations. Please encourage your child to have a healthy breakfast before coming to school. This could be as simple as a piece of toast, fruit and a drink of milk.

Next Immunisation session will be held on Wednesday 29th May, HPV for Year 7 students and Year 9 boys.

Run 4 Fun in Moama 2013

Sunday 21st April 2013
Moama Soundshell 9.30am
Open 10k Male & Female
Open 5k Male & Female
U16 5k Male & Female
U13 3k Male & Female

For more information go to www.coolrunning.com.au or www.moamafc.com.au

Kelli kellijohns@hotmail.com.au 0400 800 56
Kerryn kev99939@bigpond.net.au

Woolworths Earn & Learn program

Last year we received a variety of sporting equipment for lunchtime activities from the Earn and Learn point sheets that students, parents, staff and the community handed in. Thank you very much; it is much appreciated by the students. We are taking part in the Woolworths Earn & Learn program again. You can help our school by collecting Woolworths Earn & Learn Points. Just collect Woolworths Earn & Learn Points when you shop at Woolworths between Monday 8 April and Sunday 9 June 2013. We will redeem these for awesome educational resources for our school.

For every $10 spent at Woolworths you will receive a Woolworths Earn & Learn Point. Pop them onto a Woolworths Earn & Learn Points Sheet and once it’s completed, just bring it back to school or drop it into the Collection Box at your local Woolies. The more we collect, the more we can redeem.

We are grateful for your support and look forward to a successful program. If you have any questions, please ask at school.
Echuca College Mobile App  This app is designed to allow parents access to all of the latest information about events and daily life at Echuca College. It will be updated daily, so you can be assured that the information contained is the most up to date available.

- Are you unsure about the venue and starting time for Presentation Night? The calendar in the app will tell you.
- Are you unsure whether sport has been cancelled due to weather? The notices section of the app will tell you.

Feedback & Support
We welcome your feedback and suggestions, as we envisage that the information available on the app will grow over time.

Please contact Echuca College by phone on 03 5482 1133 or email at app@echucacollege.vic.edu.au for troubleshooting or help.

Dear Parents and Students

RE: WORKING BEE AT THE COLLEGE: SUNDAY 24th MARCH, 2013 FROM 9.00AM

The College is seeking one morning of assistance from families to support our initiative to improve the school environment. We have much to do to tidy up in the yard, with pathways and garden beds a priority. Hopefully there will be sufficient helpers to stain or paint student seating. We also wish to paint the Year 7 and 8 support posts.

At the Working Bee families can volunteer to paint, weed, prune or spread mulch. If possible, please bring personal gardening tools such as shovels, forks, rakes, secateurs, wheelbarrows and leaf blowers. None of the work will be difficult and no heavy lifting will be required.

It is hoped that families will be able to volunteer their time, even if only for an hour or two. We welcome students coming with their parents and hope to see all student leaders there.

Whilst this Working Bee will provide obvious benefits for the College and directly improve the environment for students. It will also provide an informal opportunity for families to get to know other families. A delicious BBQ lunch will be provided from noon onwards for our valued volunteers. We look forward to seeing you there. To assist with the catering for the BBQ, please return the attached slip by Friday 22nd March 2013. Alternatively you can call the General Office on 0354821133 or send an email to echuca.co@edumail.vic.gov.au

Yours sincerely

Chris Eeles  Melissa Gould  Rob Strachan
Principal  Assistant Principal  Assistant Principal

ECHUCA COLLEGE – WORKING BEE REPLY SLIP

The ………………………………………………. family is able to assist with the Working Bee on Sunday 24th March, 2013.

Name (s): …………………………………………………………………………………………………………………………………………………………………………..

……………………………………………………………………………………………………………………………………………………………………………………………..

I (we) are able to bring the following gardening tools: ………………………………………………………………………………………………………………………………………………………………………………………………..

……………………………………………………………………………………………………………………………………………………………………………………………..
NOW AVAILABLE ON ANDROID

Access notices, events & crucial school information anywhere, anytime.

NOW AVAILABLE ON IPHONE

Access notices, events & crucial school information anywhere, anytime.

Available on the App Store
**Echuca Moama Uniting Church**

Is your house overflowing with Unwanted and Unused Toys, Furniture, Clothes, Bric-a-brac etc. You don't have enough room or goods to have a garage sale.

Well book a site at our

**Car Boot Sale**

Easter Saturday 30th of March in the Church Car park (limited sites available)
Site Free for Church Members and $ 20.00 per site for Non Members.

To book a Site now Phone : Jules on 5482 1430

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**Heart Foundation Walking Information Session and Lunch**

**Heart Foundation Walking**

Come along and find out about Heart Foundation Walking, a network of free walking groups in your community!

You'll have the opportunity to meet other people interested in walking, and find out about starting your own group. We will also take a short walk in Moama before enjoying a healthy light lunch.

*When:* Monday 25 March 2013
*Where:* Moama Community Centre (corner of Martin and Echuca Streets) Moama
*Time:* 10:00am – 12:30pm
*RSVP:* Michele Sims or michelle_sims@ymca.org.au, Ph: 5482 2517

Murray Campaspe “Get Active Eat Well”

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**Heart Foundation Area Coordinator Training**

Are you a professional interested in administering walking groups in your area? Or would you like some additional support to make your existing groups more sustainable and last time intensive? We can help you to set up and maintain walking groups in your local community.

Heart Foundation Walking is Australia’s largest network of free community-based walking groups and is looking to partner with local government, health services and workplaces to expand this network.

**Heart Foundation Walking**

Equipment Training is an easy and cost effective way to implement and maintain walking groups.

- **Area Coordinators** are provided with a wide range of resources to support the program.
- **Heart Foundation Walking** has an amazing three year retention rate of 76%!

**Your next Area Coordinator Training session:**

*DATE:* Monday 25 March
*TIME:* 10am – 2:30pm (includes lunch)
*WHERE:* Moama Community Centre (corner Martin and Echuca Streets, MOAMA)
*RSVP:* By Thursday 21 March

*Heart Foundations Walking* 1685-2013

*National sponsors*

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**Billabong Ranch School Holiday Camp**

**Want FUN and RESULTS you can see?**

Billabong Ranch School Holiday Camp is a fantastic way to introduce your child to the joys of Horse Riding and all aspects of Horsemanship. Our experienced instructors cater for first time riders thru to the more experienced (Ages 7-17).

We have a wide variety of gentle natured horses and ponies for your child to enjoy and our Itinerary covers many different styles of riding.

School Holiday Camp is held every School Holidays and at just $550 for the week (all inclusive) it’s great value!

**Book now for a week full of fun, friends & fantastic memories!**

Sun. April 7th (5pm) to Sat. April 13th (10am)

**Billabong Ranch**

PH: 03 5483 5122
FOR MORE INFO

**PRESENT THIS COUPON TO RECEIVE**

10% OFF THE SUPER PACKAGE

**AT BILLABONG RANCH OVER THE EASTER BREAK**

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**ATTENTION**

Calling all girls

To the *Echuca College Debutante Ball* to be held at the Rich River Golf Club “Tatalia Room”
Friday June 21st, & Saturday, June 22nd, 2013.

**TRAINING COMMENCES Wednesday 8th May 2013**

To register and receive an information package

Please text #College Ball...along with your name & address to Collette May 0428 303 075 or Robyn Hayes 0407 511 537

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