I would like to take this opportunity to welcome everybody back to school and to the start of the 2013 school year. It was great to see all the students back last Wednesday and Thursday ready to continue with their studies. Of course students in Years 8-12 started the 2012 academic year in late November 2012, so little time was lost on Thursday as students and teachers were able to resume lessons where they left off in December. This gives our VCE students a flying start to what is always a very busy year.

Echuca College students were well represented at the recent Australian Day Awards on both sides of the river. In Echuca at the Rotary Club Australia Day ceremony Drew Walker was awarded the Arts Award, Jess Pitts Young Sports person of the Year and Sarah Head Shire of Campaspe Young Citizen of the Year. Across the river at the Murray Shire, Tie Haywood was awarded the Young Sports person of the Year. Congratulations to these students on these outstanding achievements.

Next Tuesday the College will hold its annual Swimming Carnival and apart from contestants, all students from Years 7 and 8 will be attending. This is the first event our Year 7 students will experience as part of the College and we look forward to an exciting day’s competition. Student attending the sports will be required to bring two dollars for the day to Tutorial class on Monday.

This year we started with only our Year 7 and Year 12 students at school. This provided an opportunity for the two groups to participate in a BBQ lunch and a number of fun activities in the afternoon. Our Year 12s play a major role in the College as ‘role models’ for the younger groups and our Year 7s were very excited about having the Year 12s interact with them on their first day of school. In other Year 7 news, our Year 7 students will be going to Kyneton on the 18th February on their orientation camp for three days.

Echuca College 2012 VCE results were extremely pleasing. Our students performed very well, achieving some of the best results the College has experienced since its establishment. Our Dux Jaklyn Crilly (97.45) was the highest in Echuca and surrounding schools, our VCE All Study score was (mean) 29, English 27.9, Specialist Maths 33 and score of >40 at 5.4%. All these scores were better than other schools in Echuca and the immediate area. The College saw improvement from previous year’s results in almost half its VCE subjects and the improvement adds to a five year trend of improvement in our VCE results. Congratulations to our students and teachers on a great result.

In mid-January, the ‘Class of 2012’ received their University and TAFE offers. We had 60 students apply through VTAC with 92% receiving a first round offer and 82% receiving either their first or second preference. In December 2012, 32 students received “Early Offers” to universities in Victoria and NSW. A number of students have received scholarships. Students are still receiving offers as universities work their way through their selection process well into February. As an example of the opportunities offered to the ‘Class of 2012, Echuca College students are now studying Science-Honours at Australian National University (Canberra) and Physiotherapy at Charles Sturt University. One student was offered the opportunity to study either Veterinary Science or Pharmacy and has chosen to pursue a Career in Pharmacy. Students have received offers in a broad range of University courses at both Melbourne and Regional campuses; including Biomedical Science, Architecture, Film and Media, Zoology, Chiropractic, Occupational Therapy, Engineering, and Surveying.
We also have a number of students involved in Education, Nursing and the Health Sciences. The College is very proud of the achievements of our Year 12s and the various vocations and courses they are now accessing. I would like to thank Mr Webb, Mrs Morrison and the VCE team that worked with students to successfully put these opportunities in place for our students.

As was mentioned last year, we have a number of new staff, returning staff and Trainees working across the College this year. I would like to welcome and introduce our new staff to our College community.

**New staff**
- Ms Emily Rogers (Psychology-English)
- Mrs Rosina Gemmill (English)
- Mr Phillip Bates (Technology)
- Mr Steven Warren (Science)
- Mrs Fiona Brown (General Office)
- Ms Hannah Johnson (Chaplain)

**Trainees**
- Cameron Prowse-Wilkins (Sport/PE)
- William Jackson (ICT).

Next Thursday will see the Australian Education Union take ‘Industrial Action’ in the form of a full day’s ‘Stop Work’ action. At this stage we have not been informed as to how many teachers will be involved in this action but it will have an impact on classes. I will inform our community on Tuesday of next week what processes will need to be put in place for students for Thursday. If the situation changes before this time I will inform our community immediately.

Our College Council Election process will start next week and this year we have five positions available for the election. Four Councillors have completed their two year terms and two have the option to stand again and one councillor is retiring. Our Council has eight parent representatives and four DEECD representatives (staff). There is an opportunity for parents interested in supporting their child’s education to join our Council team and if you are considering joining our College Council, please don’t hesitate to contact me for more information. Parents on College Council provide important viewpoints and have valuable skills that can help shape the direction of the College. Those parents who become active on a College Council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging. Nominations Forms will available for parent members at the College’s general office as of Monday 13th February.

**College Council Elections 2013 Timeline**

- Notice of election and call for nominations ......................................................... 11th February 2013
- Close of nominations .................................................................................................. 25th February 2013
- Display list of candidates, nominator & seconder .................................................. 25th February 2013
- Prepare ballot papers and distribute on or before (if necessary) ................................ 7th March 2013
- Close of ballot .............................................................................................................. 15th March 2013
- Count votes & declare ballot ................................................................................... 15th March 2013

*Who is on the school council?* There are three possible categories of membership:

- **A mandated elected Parent category.** More than one third of the total members must be from this category. Department of Education (DEECD) employees can be Parent members at their child’s school.
- **A mandated elected DEECD employee category.** Members of this category may make up no more than one third of the total membership of school council. The principal of the school is automatically one of these members.
- **An optional Community member category.** Its members are co-opted by a decision of the council because of their special skills, interests or experiences. DEECD employees are not eligible to be Community members.

The term of office for members is two years. Half the members must retire each year, creating vacancies for the annual school council elections.

**One and All Project News**

**Australia Day Awards**

Congratulations to all students who were involved in last year’s inaugural Special Needs Deb Ball, for your efforts, Echuca College was nominated for ‘Community Event of the Year’ at both the Murray Shire and Campaspe Shire Australia Day Awards. Whilst we did not win, we should be very proud of our efforts and the nominations. It was extremely pleasing to see our friends from Murray Meander win the Campaspe Shire’s award as their fundraising and hard work ensures that our annual Camp Queenscliff is possible. Many thanks to Mr Strachan for attending the Campaspe Awards to collect our nomination and to Jake Toll (Year 11) for attending the Murray Shire awards with me.
2013 Camp Queenscliff
The annual camp is rapidly approaching - March 20th—22th. If you were selected to be a camp mentor, have you returned your slip? A lunch is currently being planned to ensure that mentors are able to meet their buddies before attending camp. If you have any questions please see Mrs Jones.

Sport
Singapore/Malaysia Netball Tour – Clinic with Yarra Valley Grammar Ariels
On Saturday 2nd February a number Echuca College students attending the Singapore / Malaysia Netball tour participated in a skills clinic with the Ariels, a Victorian Netball League championship division team. The girls were put through their paces for over an hour and a half focusing on 4 keys aspects; shooting, footwork, attacking and defending. Following the clinic the Ariels showed off their skills in matches against local teams, the Echuca Bombers and Echuca United. The Ariels are looking strong for this VNL season, and put on a comprehensive and clinical display. It was a fantastic opportunity for our girls to get coaching from some of Victoria’s best netballers and to see them in action on the court. The girls who attended were effusive in their praise for the clinic and the feedback was really positive, all agreeing they had benefitted enormously from the session. Mr Cheal, a keen observer, was really impressed by the standard of the drills and enthusiasm of the girls involved. Miss Menz was able to gauge the skills of our girls whilst observing them in action. Many thanks to Rob and Caitlyn Strachan for helping to organise the event and to Christina Puopolo and her Ariels team for such a great day.

Swimming Carnival
Next Tuesday February 12th at the Echuca YMCA Pool Kanyapella, Moira, Perricoota and Wharparilla will contest the 2013 Swimming Carnival. All year 7 & 8 students will attend and competitors from Year’s 9 to 12. All other students will have a normal school day. Events will include freestyle, breaststroke, backstroke and butterfly, as well as relays and novelty events for the Year 7 & 8 students.

Students are encouraged to wear Community colours on the day. If parents would like to spectate or help as officials they are more than welcome.

Cricket
The Senior Boys will play against St Josephs College on Friday February 22nd in the first round of the School Sport Victoria competition. Mitch O’Dwyer and Brent McGrath by all reports, are the new Glenn Maxwell and George Bailey of Echuca College.

Summer Sport
Tennis and Volleyball players will start training shortly for the SSV competition later in the term.

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<tr>
<th>DATE</th>
<th>SPORT</th>
<th>VENUE</th>
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<tr>
<td>WK. 1 Fri. Feb. 1st</td>
<td>SSV Sport Meeting</td>
<td>Echuca College 11.00am</td>
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<td>WK. 3 Tues. Feb 12th</td>
<td>Echuca College Swim Carnival</td>
<td>Echuca College</td>
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<td>WK. 4 Fri. 22nd Feb</td>
<td>Senior Cricket vs St Josephs</td>
<td>Echuca College</td>
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<tr>
<td>WK. 5 Tue. 26th Feb</td>
<td>Senior Cricket Round 2</td>
<td>Cooma</td>
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<td>WK 6 Mon. Mar. 4th</td>
<td>SSV Swimming Sports</td>
<td>Echuca</td>
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<tr>
<td>WK 6 Fri. Mar. 8th</td>
<td>LMR Lawn Bowls</td>
<td>Bendigo (Golden Square)</td>
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<td>WK. 7 Thur. Mar. 14th</td>
<td>LMR Swimming</td>
<td>Swan Hill</td>
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<td>WK 9 Mon. Mar. 25th</td>
<td>SSV Volleyball &amp; Tennis</td>
<td>Echuca (Inter.&amp; Sen.)</td>
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<tr>
<td>WK 9 Wed. Mar. 27th</td>
<td>State Swimming</td>
<td>Melbourne</td>
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DATE                        SPORT                                VENUE
Sport

Girls Football
The Echuca Junior Football Club are entering a Girls Youth Football team in the Shepparton Junior Football League. Girls 13 to 18 years of age are able to play.
Training will be on a Wednesday night and games on a Sunday during the year.
A come and try day is to be held at Vic. Park, Echuca on Tuesday February 26th.
For more information see the advertisements in the Riv. Herald or see Mr Pearson in the Gym Office, as he is the Coach.

Wellbeing

Immunisations
Immunisations will be held on Wednesday 13th March for students in Year 7, 9 & 10. The completed Immunisation Consent Cards are required to be returned by Wednesday 15th February whether your child is having the immunisation or not. These are required for Department of Human Services’ records, but it will also save us from having to ring you to see if you require your child to have the immunisation. Most parents have returned their cards and thank you all very much for this, if you haven’t already done so, please send it back ASAP. Thanks.

- Year 7 Vaccinations are: Chicken Pox and HPV for both boys and girls.
- Year 9 Vaccinations are: HPV for boys only in Year 9 catch up program.
- Year 10 Vaccinations are: Adult Boostrix (Diphtheria, Tetanus and Pertussis) for both boys and girls.
- Year 11 and 12 students are offered the opportunity to have the Flu Vaccination. The cost is $24 per vaccination.
- Students must have payment and completed consent cards returned to the school prior to that day.
- Consent cards are available from the VCE Co-ordinator.

If you have any queries please feel free to speak to your student’s teacher or contact Gillian Holding — Immunisation Program Coordinator, Shire of Campaspe Ph. 1300 666 535

Anaphylaxis Management In Schools
Anaphylaxis is a severe allergic reaction to a substance, most commonly nuts, egg, milk, wheat, soy, seafood, some insect stings and medications. Anaphylaxis can be life threatening, but with proper management and prevention strategies in place the risks can be substantially reduced.

Some symptoms of anaphylaxis include swelling of the lips, face and eyes, difficulty breathing, abdominal pain and/or vomiting and loss of consciousness.

It is the responsibility of the parent/guardian of a child who has been diagnosed at risk of anaphylaxis to:

- Inform the school staff of the diagnosis and its causes
- Discuss strategies with the school
- Work with the school to develop an individual Anaphylaxis Management Plan for your child (in consultation with your child’s doctor)
- Provide copies of an ASCIA action plan for the child, with up to date photograph/s
- Supply the school with the child’s Epipen® and ensure that it has not expired
- Inform the school if your child’s medical condition changes.

Allergy action plans can be downloaded from the ASCIA website www.allergy.org.au
Other informative websites are the Royal Children’s Hospital www.rch.org.au/allergy or Anaphylaxis Australia www.allergyfacts.org.au
Or please feel free to contact the college and discuss this with the School Nurse Denise Leed.

2013 National Day of Action Against Bullying and Violence - Friday 15 March
2013 is yet another big year, and plans are well underway for school activities for Term 1. On Friday 15 March 2013 our school will be taking part in the National Day of Action Against Bullying and Violence. The day, now in its third year, is an initiative of all Australian education ministers. At our school, we are dedicated to creating supportive school environments, free from bullying, harassment and violence. By working together as a school community, we are sending clear messages to young people that bullying and violence, in or outside of school, is not okay - at any time.
Please note this date in your calendars. I will keep you informed about our school plans and activities.
Echuca United Football Club invites Under 17 players to training on Mondays & Wednesdays 5pm at Echuca South oval.
Any enquiries contact Ryan Prendergast 0413 410 199

The Tongala Football Netball Club will be holding a junior’s meet and greet night for all interested young netballers. The club has grades of U17’s, U15’s, U13’s & U11 & 12’s to fill. The night will be held on Friday February 22nd at 5pm at the club netball courts consisting of a light training followed by a BBQ tea.

The Tongala Football Netball club is looking for any young netballers who are interested in playing in either U17’s, U15’s, U13’s or U11 & 12’s. The club has appointed almost all of their junior coaches. If you are unable to attend but wish to find out more about the Tongala Football Netball Club please contact Netball President Vanessa Reid on 0447 457 197.
Our canteen will offer a wide range of hot & cold healthy food

**Home made meals for lunch**

Meat Lasagne $5

Pasta Bolognaise, Carbonara, Fried Rice, Scalloped Potatoes. Sml $3 Lge $5.50

**Healthy Lunch Options**

A rotating range of healthy choices

Hamburger $6

Chicken Schnitzel Roll, Chicken Burger, Vegie Burger $5

Chicken Chilli Roll or Wrap, Chicken & Cheese Roll, Chicken Roll with Gravy $4.50

Hot Cheese Roll. Pizza Slice with Various Toppings $2.50

**Morning Recess Snacks**

Bacon & Egg Roll or Wrap, Ham & Cheese Focaccia, Hot Dog $3.50

Mrs Macs Lge Sausage Roll, Four & Twenty Traveller Pie, Ham & Cheese Focaccia $3

Dim Sims $1 each or 3 for $2.50, Hash Browns $1 each

Chicken Nuggets 3 for $2

**Tasty Cold Salad Bar Range**

A selection of wholesome, nutritious freshly made items.

Salad Rolls with Chicken or Ham $5

Sandwiches, most fillings available $4

Fresh Fruit Salad Sml $2 Lge $4.50

Pasta Salad, Potato Salad, Tossed Salad Sml $3 Lge $5.50

Custard, Apple or Coffee Scrolls $3

Jelly or Mousse in a cup $2, Muffins Sml $1 Lge $2

There is a range of low sugar, low fat drinks available from $2—$5.50

There is also a range of ice creams and packaged snacks available.

All items are subject to change. See the lunch order menu board for daily changes.