



Important Dates

OCTOBER:

- 11/12th
Nth Zone Intermediate
Basketball
- 11th - Benalla F & G
Shoot
- 11th - Year 9 2011
Information night
- 13th - Yr 7 Immunisation
- 14th - Yr 12 Drama
performances
- 20th - Beacon Polish Day

**Would you like to
receive
the newsletter via
email?**

Simply go to
[www.echucacollege.vic.edu
.au/newsletter/](http://www.echucacollege.vic.edu.au/newsletter/)
and subscribe.

Principal's Report

Welcome back to school and to the last term of the year. As we complete the first week of term, it becomes very obvious that senior students and the staff teaching them are focusing on the important weeks leading up to examinations and final assessment tasks. Our VCE students only have a few weeks before examinations so study time becomes crucial over the next month and a half. Year 12s finish formal classes on Wednesday 20th October and as I mentioned to Year 12 students last term, the College community expects that last day celebrations will be conducted sensibly and in good taste. On Thursday 21st October, Year 12 students will be invited to a breakfast with staff and College Councillors at the Echuca Hotel. At the completion of the breakfast students will be accompanied back to school to attend an assembly to wish them good luck with their examinations. After the 22nd October, students studying Unit 4 VCE subjects have a week to prepare for the start of the examination period (English exam Thursday 28th October). With this in mind, I believe that it would be inappropriate and dangerous for students to be involved in celebrations that will interfere with their preparation for examinations.

As the College prepares our senior students for the final examination program, one aspect of this period concerns me because it is beyond our control; student parties. At this time every year, we talk to our senior students about preparing themselves for their examinations and ensuring that they give themselves every opportunity to succeed. We have spoken to them about our expectations in relation to their final days at college. The College does not believe that celebrations should take place before the completion of examinations and therefore does not sanction any functions other than the College's Graduation Dinner in late November. The Graduation Dinner is a function where students attend with their family and are therefore under the supervision of their parents.

As summer gets closer, it seems ridiculous that we have to remind students about the perils of skin cancer and the need to wear hats while in the yard. So far this term, the majority of students have come prepared with a hat but there are still some students who don't appreciate the risk they run by not having a hat. In Australia last year there were 38,000 new cases of skin cancer-related illnesses recorded and 1000 Australians died from skin cancer related illnesses. These are appalling figures considering the publicity given to skin cancer through the 'Slip, Slop, Slap' campaign and the work carried out in the Australian community by a range of agencies, including the education system. Again I ask for parental support in encouraging our young people to 'cover up' and to wear their hats when in the yard. Hats are compulsory from the 11th of October.

Term 4, like all terms has specific tasks and activities associated with it that make it very busy. We have our Year 12 students completing their 13 years of education, VCE examinations and internal examinations starting in November and the organisation for next year to complete. In preparation for next year, subject blocks have been developed for Years 9, 10, 11 and 12. This means that only minor adjustments need to be made and that our Pathways Teachers and Year Level Team Leaders will be counselling some students whose subject selections do not match the subject blocks. Where changes are made to student's programs, parents will be informed and consulted about these changes.

Just before the holidays the College had great success in two major competitions, "The Northern Region Interschool Theatre Sport Competition" held at Boort Secondary College and the "Cams School Challenge" held in Shepparton at DECCA. Well done to our theatre sports team of Jake Upton, Jake Morris, Kayla Lavars, Kate McDonnell, Brooke Williams, Ryley Trimble, Luke Hubbard, Darcy Elliot, Rebecca Hore, Lily Dodds and Lauren Nesbit. This team was led by Mr Terry Muller and on behalf of the College congratulations to all involved.

The second successful team was a group of automotive students led by head mechanic Mr Scott Hore and his team of apprentices, Daniel Haffenden, Brody Burke, Luke Hipwell and Tyson Caruana. This team won Best Presented Vehicle, Best Exhaust Emissions and they were out right winners on the day. Again well done to all involved.

'Cyber Bullying' has escalated in our society in recent years with the introduction of mobile phones and the internet super highway. In our district all three secondary Colleges in Echuca-Moama are working together to better inform parents, families and the wider community about safety on the internet and mobile phones. An information session will be held at each school and members of the public are welcome to attend. Students from the three schools have developed a Cyber Safety Tips brochure and will deliver the Information Sessions, which will include the short film 'Photograph'. Echuca College will hold its information evening on 20th October in the Cafe Learning Area at 7pm. This project is a collaborative project between Echuca College, St Joseph's College and Moama Anglican Grammar with support from the Campaspe Cohuna LLEN and School Focused Youth Service.

Wellbeing News

Echuca College Community Cyber Safety Information Evening

Date: Wednesday 20 October

Time: 7:00pm in the Café Learning Area next to the Library.

Parents, students, families and the wider community are invited to attend. Echuca College is presenting an information evening where you can:

- learn about being a responsible, ethical, digital citizen.
- Hear about safely using the Internet, Social chat sites and Mobile phones.
- Become involved, gain knowledge and develop skills to able to protect and support family and community members when using technology.

Format:

1. Panel Presentation (outlining experiences dealing with Cyber Safety) Panel includes: EC Principal, Victorian Police member, Child and Adolescent Mental health worker and Senior Programs Officer from the Department of Education.
2. Student led discussions
3. Question time
4. Conclusion – 8:30pm

IMMUNISATIONS FOR STUDENTS IN YEAR 7

The 2010 School Based Immunisation Program will be offered at your school by the Shire of Campaspe Nurse Immunisation Team on: **WEDNESDAY OCTOBER 13TH 2010.**

The following vaccines will be administered:

Second Dose of Hep B for Year 7 students

Third dose of HPV for female students - Any queries please don't hesitate to contact the school.

NURSE NEWS - 'WHOOPING COUGH'

Even if you were vaccinated against whooping cough as a child, you may no longer be protected.

Immunity provided by the vaccine fades after six to ten years. Get your free Boostrix[®] vaccine

To prevent the spread of whooping cough, the Victorian Department of Health is offering a **free** vaccine to all parents of newborn babies. It is important that you are vaccinated as soon as you can after the birth of your baby.

The vaccine is available from your doctor, some maternity hospitals and local councils. It also provides protection against diphtheria and tetanus. The vaccination program runs until 30 June 2011.

The vaccine is given free to children when they are:

Two, four and six months of age – diphtheria, tetanus, pertussis, hepatitis B, polio and haemophilus *influenzae* type b vaccine

Four years of age – diphtheria, tetanus, pertussis and polio vaccine.

In Year 10 at secondary school – adolescents receive a booster dose of diphtheria, tetanus and pertussis vaccine

For more information please feel free to contact Denise at the College or check out the Better Health Channel www.betterhealth.vic.gov.au Cheers! Denise - School Nurse

Echuca College Sport News

ECHUCA COLLEGE 2011 ATHLETICS CARNIVAL!

The college held its annual Athletics carnival on Wednesday the 1st of September, after being cancelled twice already! The weather held off and it was well worth the wait. Students from across all year levels and abilities participated and we saw many records broken.

Some of the highlights for the day were:

- Cam Valentine breaking the high jump record by 10cms!
- The specialist school student's participation in both the track and field events lifted every body's spirits and it was inspiring to see them all giving it their best shot!
- Isabella Reid clocking the fastest time out of all the girls in the 1500 meter race and she is only in year 8!
- Kiernyn McKemmish starred on the track breaking records left right and centre with apparent ease!

There were many more amazing efforts, too many to include! All in all it was a great day and there were very high levels of sportsmanship. A day like this couldn't happen without the support of staff and students. Thank you to everyone that helped not only on the day but in the lead up, whether it was marking the track or running events that were on over lunchtime, everyone's input helped the carnival to be the success that it was! Congratulations to all students and staff. Rachel & Adam

Age Group Champions

13YRS - GIRLS: Jessie Hardess	BOYS: Charles Lowe
14YRS - GIRLS: Roweena Ilsley & Tegan Milne	BOYS: Shaun Atkins
15YRS - GIRLS: Greta Pearson	BOYS: Kiennan Jones
16YRS - GIRLS: Ellie Ralph	BOYS: Harrison Ennis
17YRS - GIRLS: Libby Pelligrino	BOYS: Kiernyn McKemmish
21YRS - GIRLS: Zara Pearson	BOYS: Ryan Hon



DISTRICT ATHLETICS CARNIVAL

On Thursday 9th of September Echuca College competed in the District Athletics Carnival in Bendigo. We competed against Nathalia S.C., Kyabram S.C. and Rochester S.C. All the students in the team participated to the best of their ability and represented the school with pride. On the day we had some outstanding performers which included:

Age Group Champions:

16Yrs BOYS - Harry Ennis and Cameron Prowse-Wilkins
16Yrs GIRLS - Ellie Ralph
17Yrs BOYS - Kiernyn McKemmish

Records broken on the day from Echuca College included:

Kiernyn McKemmish – M 17yrs 100m, 200m, Long Jump
Siobhan Thompson – F 13yrs Javelin
Jayden Twigg – M 15yrs 200m
Shannon Elgar – F 13yrs High Jump

Well done to all the students who competed and good luck at the next stage!

Thank you to all the staff for their tireless work on the day and in preparation. Rachel Foy



Top left: Kiernyn McKemmish,
Top right: Ellie Ralph
Bottom: Jess Hardess

YEAR 7/8 GIRLS SOCCER - STATE FINAL

After a very early (5.45am) start, the group arrived at Darebin Sports Centre ready to match it with the best teams from around the state. Echuca College was in Section A, and came up against Kurnai SC, and held them scoreless until the last few minutes when their forwards made a fast break and put a ball past a diving Briony. The girls had their chances, with great teamwork up forward from Tegan, Christa, Anthea, Jess and Kiara, and solid defence from Siobhan, Kayla, Hannah, Tammy, Caley and Rowie. Final score – a loss 1-0.

The second game saw spirits lifted and many attempts at goal, but the girls could not get the ball past the Williamstown keeper. With many chances going begging, including a poster from Ki, long shots from Tegan and Ki, Christa & Jess' desperate battle in the square, we were awarded a penalty after Jess Grundy was on the receiving end of an almighty shove in the penalty box. With time ticking away, and the pressure on, Tegan's penalty shot unfortunately went wide of the post and Echuca finished with a 0-0 draw, and had to regroup for the final match against Brentwood. The girls had a renewed spirit, and finally put the ball in the back of the net after intense battles in front of goals. Tegan's persistence paid off with a quick pass past the goalie. The team had renewed energy, and kept attacking, and Anthea joined in the goal scoring action, and Echuca finished with a 2-0 win. MVP – Tegan Milne.

A fantastic effort from all the girls to play at this high standard, and the girls can look forward to a promising year next year. Thanks to coaches Erin Teasdale, Erryn Flynn, Adam for being linesman, support from family members, and an injured Jess Pitts.



LUKE HAMS OUTSHOOTS ALL

For two days on the 10th & 14th of September, year nine **Echuca College** students tried their hand at the sport of clay target shooting. Arriving at the **Echuca Clay Target Club** together with their teachers, Chris Sanders and Adam Brady, who also tried out their hand eye coordination necessary in the sport, the students were welcomed by the club's committee then instructed on the main safety aspects of the sport.



Splitting the students into squads they then, with a lot of coaching from the club's members, shot ten targets single barrel on both days. And a credit, due to the coach's perseverance, there was not a student registering an empty scoresheet, one student recovering from a broken arm and not able to handle the recoil from the 12 gauge shotgun actually ended up shooting a 4 score after being equipped with a 20 gauge lighter shotgun supplied by club member Barry Rogers.

Thanks Barry, and congratulations **Dylan Taylor** for persevering even though you were feeling uncomfortable. At the end of day two's shooting there was two shooters on a score of 16/20, Mathoura student **Luke Hams**, and teacher **Chris Sanders**, and that meant a shoot off between teacher and student, although Luke had a head start as he is a registered shooter at the **Mathoura Gun Club**.

The shoot off procedure is the best of five targets, and although Chris tried valiantly, Luke's shooting experience held him in good stead shooting another four targets to be declared the **Overall Winner** and receiving a **High Gun Award** from club President Ron Trail for his excellent **20/25** result.

Teacher Chris Sanders taking out 2nd place overall on his good score of 18/25 well shot Chris! Lockington lad Brad Watson also must be congratulated for his 12/20 score that earned him 3rd place overall. It was very obvious that the students really enjoyed their introduction to the sport of clay target shooting, listening to their coaches, and endeavouring to do their best, and the club's committee welcomes their interest in the sport, and thanks the teachers and school for getting involved. Murray Roberts.

NEW ZEALAND SOCCER TOUR - SENSATIONAL!

Wow! Not just a soccer tour but a 'full on' adventure for all who flew across the Tasman to the North Island of New Zealand to become part of the first football tour from Echuca College. From the moment we almost became part of 'Border Security' folklore as we passed through New Zealand customs, through the Europcar GPS being in Spanish and having no English option, a hotel in the middle of Auckland surrounded by Uni student nightclubs, to playing our first match against the best School Soccer Team in the country we knew this would be no ordinary tour. All this punctuated by the most extreme weather New Zealand has experienced in 50 years (and we have the newspaper articles to prove it)!!

A fabulous trip with a truly wonderful group of enthusiastic students/players and a very accepting, keen crew of parents, The soccer not only met but surpassed the expectations of most involved. Whilst it is fair to say the results of a couple of the matches were a little disappointing nevertheless the quality of the opposition in Auckland, Rotorua and Wellington was 'top shelf' and our girls should be very proud of their efforts on the pitch. All opposition teams and their entourages commented on both the skill levels of our girls and the way they conducted themselves before, during and after the games. The bannerettes we designed and produced, the uniforms we wore, the manners exhibited and the obvious fun in which we indulged were a delight for all to observe.

A report of the trip would not be complete without mention of the cultural and adrenalin highlights. The Antarctic Experience; the ferry across the harbour and investigation of the war bunkers; the night-time Sky tower; the Maori experience in Rotorua, complete with the dance exhibition from Alannah, El, Rowy, Tegan, Khysha, Sarah, Fuzz and others (not to mention a questionable attempt at the Haka from Chealy); the luge (nice prang Rowy!); Zorb (have you seen the Coke ads?); Jet-boating at Huka Falls (Ki's grandmother, Janet's favourite, finishing with a grin wider than the Waikato River); some hot springs, geysers and bubbling mud; fresh snow covered roads and active volcanoes...As the list grows it is hard to believe we were gone for less than a fortnight! In between there was some opportunity for power shopping, museum exploration, culinary extravaganzas courtesy of the older adults on tour and being the victims of bus window smashing by some dubious locals in Rotorua!

Again we must thank all those who helped with fundraising for the tour especially Robyn Flynn, Sue Teasdale and Allison Deighton along with major sponsors Rich River First Aid and Wanalta Shearing Services (who will be thanked formally). The tour group looked terrific in their gear and were outstanding ambassadors for the College and our country. Our attendance at the Wellington Phoenix vs. North Queensland Fury 'A' league match even had us on TV, albeit briefly, but we were not happy with one of the crowd taunts "...same old Aussies, always cheating..."

"(Will they ever get over the underarm ball in 1980?)."

Well done girls we are very proud of you all! - Stewart Cheal - Tour Coach



ECHUCA COLLEGE CHINA TOUR

A bit late last term, students: Alister Holt, Matt Scott, Shaun Hon, Alysha Hall, Larni Williams, Rachael Wheelan accompanied by teachers Bella McInnes, Robyn Maclean and her son Finlay, departed for China for a two week exchange. After a long trip with a stopover in Kunming we were welcomed by our host families in the city of Shangi-La.

Shangi-La is a city around the size of Bendigo in the south west of China and 4000m above sea level. We were amazed with the hilly terrain and the difference in culture. We visited temples, traditional Tibetan performances, national parks and the Snow Mountain. We also spent three days at our sister school, Number 5 Middle School, joining in on classes and even running some English classes for the younger students. We had many different and exciting experiences and we all really enjoyed our stay in China. Definitely a once in a life time trip that we will remember forever. - Larni Williams



YEAR 10 GOLD COAST TRIP

24 hour bus trip...are we there yet?...Maddy, Justin, Lucas and Daniel with the trip singlets...West Wyalong...Parkes Observatory - the dish...the bus toilet...2.30am Roadhouse stop...sleeping on the floor...Wet and Wild - the black hole...speed racers...rapid river...the surfboard...calypso river...cheap food!...Super Sports centre...beach volleyball...film night...Laser Skirmish...making lunch...the Rocky girls...the furniture removalists...Movie World...stunt show...batwing...superman ride...scooby doo...rapid river...Austin Powers asking Miss Peters to give him detention for being a naughty boy!...fake tattoos...dog tags...Dream world...the giant drop...the claw...wipe-out...motor cycle racers...the tiger show...the drinking hats...Dan and Bang the bus drivers...Corbs leaving their presents behind!...Olivea losing her wallet- and finding it on the bus...playing cards and everyone cheating!...surfing - Cam and Michelle were the guns...shopping at Robina...getting home early...holidays. Who "survived" the trip- Justin A, Rach Binn., Rach Brons., Shannon B, Shannon J, Joy, Sarah C, Ashleigh C, Jaklyn, Dom D, Luke D, Dev, Tom F, Molly, Renee, Jesse, Javais, Maddy, Keely, Mariah, Jaimee, Hags, Harley, Jayde, Billy, Mitch and Bryce K, Danielle, Mason, Lukey, Mark M, Madz, Andrew Mc, Jayden, Sammara, Ryan, Olivea, Michelle R, Maddi T, Matt W, Jodie, Shadah, Kellie, Cam, Corbs, Courtney and Pizzle.

Echuca College Community Notices/Events

CHAPLAINCY PROGRESSIVE TEA & FAMILY NIGHT

WHEN: Friday October 22nd, 2010.

TIME: 7.00 pm

WHERE:

Main Course: St. Mary's Hall Anstruther St.

Dessert: United Hall, Hare St.

Cost: \$15 pp / \$40 per family

\$50 per family with 15-18yr old students.

Auction: Donation of small items

Appreciated. All proceeds to

Echuca & District School Chaplaincy.

Do you love children and sport?

Would you like to be involved in helping children learn more about fitness and athletics?

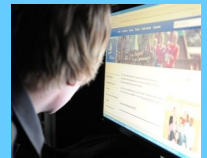
Are you a teenager with a keen interest in sport?

Maybe you know of a Uni-student ? Or perhaps, a retired school teacher ?

If you can spare 2-3 hours on Saturday mornings, then Echuca-Moama Little Athletics (58) would love to hear from you. We are currently seeking a team of volunteers to become group leaders and help "coach" our boys & girls aged from 5 -12 years. Training is available to suitable applicants. "Working with Children" check would be required.

If you would like more information, then please telephone Lynda Reid 0417 301963 today.

CYBER SAFETY



You are invited to attend a

Community Cyber Safety Information Session

Learn about responsible, ethical, digital citizenship

Be involved in protecting and supporting our young people

A collaborative project of Echuca College, St Joseph's College and Moama

Anglican Grammar with Campaspe Cohuna LLEN. and School Focused Youth Service.

For parents, families and the wider community

All three secondary schools in Echuca-Moama are working together to better inform parents, families and the wider community about safety on the internet and mobile phones.

An information session will be held at each school and members of the public are welcome to attend. Students from the three schools have developed a Cyber Safety Tips brochure and will deliver the Information Sessions, which will include the short film "Photograph".

Sessions will be held at: -

St Joseph's College Thursday 14 October 7.30pm in the Hall and T51/52

Echuca College Wednesday 20 October 7pm in the Cafe Learning area, next to the Library.

Moama Anglican Grammar Wednesday 20 October 7.30pm in the Hall You are welcome to attend any of the sessions. RSVP not required.

Canteen Price List Term 4, 2010

Product	Price	Product	Price
Mixed Sandwiches	\$ 3.50	Toasted Wraps (Order Only)	\$ 4.50
Mini Salad Roll	\$ 2.00	Milkshakes	\$ 3.00
Salad Roll	\$ 3.50	Big M Large	\$ 3.50
Ham and Salad Roll	\$ 4.00	Big M Small	\$ 2.50
Chicken and Salad Roll	\$ 4.00	250ml Orange Juice Berri	\$ 2.00
Tuna and Salad Roll	\$ 4.50	250ml Apple Juice Berri	\$ 2.00
Salad Wrap	\$ 3.50	250ml Apple & Blackcurrant Juice Berri	\$ 2.00
Chicken and Salad Wrap	\$ 4.00	250ml Pineapple Juice Berri	\$ 2.00
Ham and Salad Wrap	\$ 4.00	Mount Franklin Water	\$ 2.00
Tuna and Salad Wrap	\$ 4.50	Diet Vanilla Coke	\$ 3.50
1/2 salad wrap with meat	\$ 2.50	Zero Sprite	\$ 3.50
Peanut Butter Sandwich	\$ 1.50	Cakes	\$ 2.50
Vegemite Sandwich	\$ 1.50	Muffins	\$ 3.00
Hot Cheese Roll	\$ 2.50	Coffee Scrolls	\$ 3.00
Toasted Ham & Cheese Sandwich	\$ 2.50	Apple Scrolls	\$ 3.00
Dim Sim x 3 (Thursday only)	\$ 3.00	Custard & Apple Crunch	\$ 2.00
Pasta Salad	\$ 2.50	Paddle Pop Thick shake	\$ 3.00
Potato Salad	\$ 2.50	Paddle Pop Moo	\$ 2.00
Rice Salad	\$ 2.50	Slushie	\$ 2.00
Coleslaw	\$ 2.50	Tiny Teddies	\$ 1.50
Fruit Salad Cup	\$ 2.50	Chips – Red Rock – Honey Soy or Sea Salt	\$ 2.00
Ham & Salad Pack	\$ 5.50	Frozen Yoghurt	\$ 2.00
Chicken & Salad Pack	\$ 5.50	Yoghurt Crunch	\$ 2.00
Egg & Salad Pack	\$ 5.50	Fruit 'n' Jelly	\$ 2.00
Tuna & Salad Pack	\$ 5.50	Zero Coke	\$ 3.50
Salad Pack	\$ 5.00	Golden North Vanilla Ice Cream	\$ 1.50
Dip & Veggie Pack	\$ 3.00	Special – Mon, Wed & Fri Only	\$ 4.50
Pies (Tuesday Lunch)	\$ 3.50	Sausage Rolls (Tuesday Recess)	\$ 2.50
Biscuits & Cheese	\$ 2.00	Sushi	\$ 5.00
Grain Waves	\$ 2.50	Pop Corn	\$ 2.00
Fruit & Nut Packs	\$ 2.00	Fruit Pack	\$ 3.00

*** SEASONAL FRESH FRUIT AVAILABLE!!! ***

SPECIALS (changing each week please watch board & bulletin):

Chilli Chicken Wraps, Pasta Bolognese, Tuna Bake, Pizza Pasta Bake, Scalloped Potatoes, Fish Fillet Burger & Coleslaw, Macaroni Cheese, Chicken Risotto, Fried Rice, Nachos, Pasta Carbonara, Butter Chicken, Thai Red Chicken Curry, Toasted Hawaiian Wrap, Savoury Jacket Potato, Veggie Frittata, Sushi, Chicken Burger, Chicken Caesar Wraps, Pasties, Slice & Crunchy Tuna Rolls, and heaps more!!

PLEASE MAKE SURE YOU ORDER YOUR LUNCH - TO ENSURE AVAILABILITY